



Joseph Monosmith - Lesson Plan – Lacrosse Two-Day Plan

Date: October 2020

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|  | <p>-The first team to have 10 balls into the midline bucket wins.<br/>-Switch throwers and catchers after each game.</p>   |   |
| 5  | <p><b>Review (wrap up and transition to next activity):</b><br/>-Briefly review skills learned and practiced in activity.</p>  |   |
|  | <p><b>Formative Assessment: (linked to objectives, during learning)</b></p> <ul style="list-style-type: none"><li><b>Progress monitoring throughout lesson (how can you document your student's learning?)</b> Assessment will be based on participation, following directions, and simple observation of skill performance.</li></ul> | <p><b>Summative Assessment (linked back to objectives, END of learning)</b><br/>Observation and level of participation will determine whether objectives have been met and students are able to perform ready stance, grip, cradling, scooping, throwing, catching, and shooting for lacrosse. A short written test with multiple choice, True/False, and short answer will be given at the end of the Lacrosse unit.</p> |
| <p><b>Reflection (What went well? What did the students learn? How do you know? What changes would you make?):</b></p> |  |   |